

APAAACI Perspectives

Newsletter of the Asia Pacific Association of Allergy, Asthma & Clinical Immunology



CONTENTS

PAGE 1
EDITORIAL

PAGE 2
TRAINEE'S CORNER
Dr. Tan Sze-Chin (Singapore)

UPCOMING EVENTS

PAGE 3
SINGAPORE
The Upcoming 2010 Meeting
- more details

PAGE 5
PICTORIAL

To Singapore (& beyond...)

Dear Friends and Colleagues,

The editorial staff would like to welcome you to another edition of 'APAAACI Perspectives' – the second for this year.

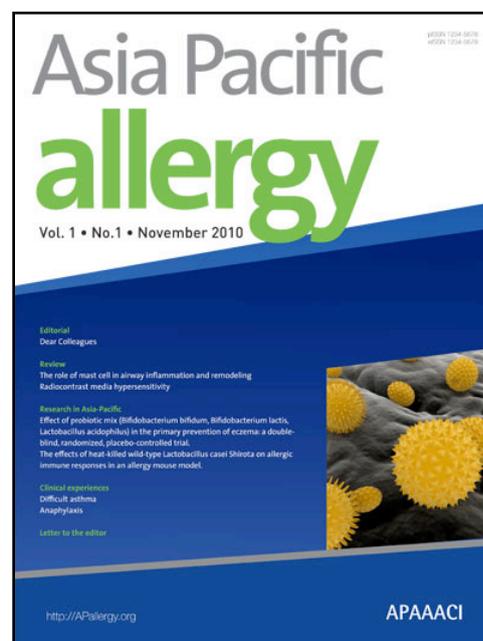
The focus of this edition will be on the upcoming *8th Asia Pacific Congress of Allergy, Asthma and Clinical Immunology (APCAACI)*, for which there are only 2 short months to go, and its host city – Singapore. The organizers report that over 150 abstracts have been received and almost 500 delegates have registered thus far.

The planned sessions cover a wide range of topics, with a distinguished cohort of international guest speakers, along with debates and workshops aimed at all levels of clinical experience (*Page 3*). We would like to remind everybody that the pre-congress registration closes in mid-October.

The November meeting will also be the debut of the APAAACI journal – *Asia Pacific Allergy* (*see below*) – which is the culmination of great effort by many members of the APAAACI Executive. It will constitute an important outlet for the burgeoning research into Allergy and Immunology being done in the Asia Pacific.

Remember, this is *your* Congress - it only occurs every 3 years - so plan to attend and meet new friends, reacquaint yourselves with old ones and experience first-hand the active research efforts going on in our region.

Connie Katelaris
Frank Thien
Frederick Lee



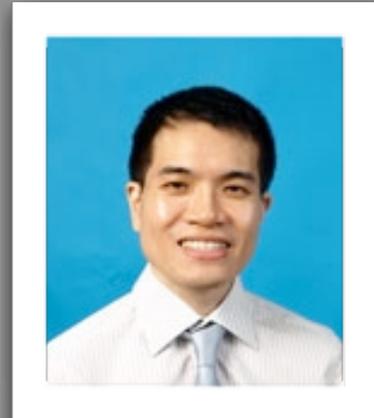
TRAINEES' CORNER:

Dr. Tan Sze-Chin
Tan Tock Seng Hospital
Singapore

I am currently in my first year of advanced specialist training in the Department of Rheumatology, Allergy and Immunology in Tan Tock Seng Hospital, Singapore. My training in both Rheumatology and Clinical Immunology/Allergy comprises outpatient clinics, inpatient ward coverage and inter-departmental referrals. I have had the opportunity to manage adolescents, adults and the elderly with various allergic disorders.

Drug allergy is the most common condition we see, ranging from mild cutaneous reactions to severe Stevens-Johnson syndrome and toxic epidermal necrolysis. Food allergy, albeit less common among adults, is unique in that our common food allergens in Singapore include limpet (a gastropod mollusk) and bird's nest. We have an Allergy Day Procedure Service once a week where the trainees have the chance to carry out skin tests, provocation tests (drug and food) and specific immunotherapy under the supervision of our consultants.

Training in Clinical Immunology not only complements my training in Rheumatology, but also allows me to manage immunodeficiency disorders such as common variable immunodeficiency, and hyper IgE syndrome. Practising in multiracial Singapore is challenging as we are often faced with the task of formulating a holistic treatment plan for patients with different cultural backgrounds, beliefs and expectations. It is rewarding to be able to work with an excellent team of nurturing consultants, fellow registrars and nurse clinicians, as well as to be part of a growing and developing subspecialty in this country.



UPCOMING MEETINGS & EVENTS:

NOVEMBER 6 - 9, 2010

**The 8th Asia Pacific Congress of Allergy, Asthma & Clinical Immunology
(held in conjunction with the Asia Pacific Association of Pediatric Allergy, Respiriology & Immunology Congress 2010)
Singapore**

NOVEMBER 25 - 27, 2010

60th Scientific Meeting of the Japanese Society of Allergology (JSA)
Tokyo, Japan

NOVEMBER 27 - 28, 2010

The 6th Hong Kong Allergy Convention (HKAC)
Hong Kong SAR

SEPTEMBER 6 - 10, 2011

Australasian Society of Clinical Immunology & Allergy (ASCIA) Annual Scientific Meeting
Sydney, Australia



APCAACI 2010

6-9 November

The 8th Asia Pacific Congress of Allergy,
Asthma and Clinical Immunology

Held in Conjunction with APAPARI Congress 2010

SCIENTIFIC PROGRAM HIGHLIGHTS

Plenary Lectures

Eight lectures are to be delivered by distinguished international experts:

- ✦ New approaches to the treatment of asthma (**Stephen HOLGATE**)
- ✦ Future approaches to the management of food allergy (**Hugh SAMPSON**)
- ✦ Anaphylaxis: Advances in the 21st Century (**Estelle SIMONS**)
- ✦ Immune tolerance – What have we learnt from allergen immunotherapy? (**Stephen DURHAM**)
- ✦ Aetiology and pathogenesis of atopic asthma in childhood – progress towards development of preventive strategies (**Patrick HOLT**)
- ✦ Predicting response to pharmacotherapy in rhinosinusitis – How close are we? (**Michael BLAISS**)
- ✦ How molecular genetics improves the management of ASA hypersensitivity (**Hae-Sim PARK**)
- ✦ Drug Allergy: When to test and when not to (**Pascal DEMOLY**)

Symposia

There will be no fewer than 22 sessions covering a wide range of topics to keep you busy!

Debates

Is mite avoidance effective in the treatment of allergy? Should house dust mite immunotherapy be offered to all patients with allergic rhinitis monosensitized to dust mite allergens? Is exhaled nitric oxide a useful biomarker for the management of asthma?

Listen to and participate in these debates between eminent adult and paediatric allergists.

Workshops

There is no extra charge for these 5 workshops to be held on the 6th and 8th November. The topics are:

- ✦ Investigation in drug allergy
- ✦ Practical aspects of immunotherapy
- ✦ Pitfalls in skin testing and patch testing
- ✦ Lung function tests
- ✦ Food challenge - when and how to do it.

Trainees and junior consultants will find them very useful.

Lunch Symposia

Do join in the six lunch symposia organised by various pharmaceutical sponsors

Postgraduate Clinical Immunology Course

This will cover a wide range of topics from basic and cellular aspects of allergy and asthma, immunology of primary immunodeficiency diseases and transplantation to autoimmunity. It is designed to provide a summary of the major developments in clinical immunology and allergy for the practicing clinicians and trainees



APCAACI 2010

6-9 November 2010

The 8th Asia Pacific Congress of Allergy,
Asthma and Clinical Immunology

Held in Conjunction with APAPARI Congress 2010

APCAACI 2010 - AWARDS & TRAVEL GRANTS

Best Paper Awards

All submitted abstracts qualify for consideration for these awards under the following categories:

1. Open category (35 years and above on 1 Jan 2010)

- One Best Paper Award (SGD500.00); and
- Four Commendation Awards (SGD200.00 each)

2. Junior category (below 35 years of age on 1 Jan 2010)

- One Best Paper Award (SGD500.00); and
- Four Commendation Awards (SGD200.00 each)

The best papers will be selected for oral presentation to compete for these Awards.

For **Travel Award** applications:

<http://www.apcaaci2010.org/006Abstract.htm#award>

Important Dates:

Pre-congress registration deadline is Friday, October 15, 2010

For further Congress and programme details, visit the **website**:

<http://www.apcaaci2010.org>

Organised by:



Photo Gallery from EAACI 2010 (London, 5 - 9 June, 2010)

Photo's courtesy of Professor Connie Katelaris (& her iPhone)



The Opening Ceremony



Prof. C. Katelaris & F. Thien (Australia)



Prof. C. Katelaris (Australia, left) & A. B. Singh (India)



Prof. C. Katelaris & J. Oh (South Korea)



Prof. B. Lee (Singapore)

EDITORIAL STAFF

Editors

Connie Katelaris

Frank Thien

Associate Editor/ Contributions

Frederick Lee

Future Issues:

Contributions welcome!

Thank you to everybody who contributed to this rather overdue edition of *APAAACI Perspectives*; due in no small part to myself!

I would continue to encourage contributions of any kind. This is not a journal, but a collegiate newsletter, and is a forum for trivia, photographs, even personal reflections

Submissions may be forwarded to myself at:

f.lee.immunology@gmail.com